

# MENU WEEK 1

SERVED W/C: 17/11, 8/12, 19/01, 9/02  
2/03, 23/03, 13/04

THE  
FOOD  
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Jacket Potato with a  
Choice of Topping -  
Cheese, Beans, Tuna  
Mayo or Cheese & Beans

Sticky Chinese Chicken  
& Vegetable Rice

Creamy Cheesy  
Penne Pasta

Traditional Creamy  
Beef Lasagne

Roast Quorn Fillet,  
Roast Potatoes  
& Gravy

Roast Gammon & Gravy

House Tomato Sauce  
& Penne Pasta

Chicken In a Katsu  
Curry Sauce & Rice

Vegetable Nuggets  
& Chips

MSC Approved Fish  
Fingers & Chips

VEGGIES



Carrots & Peas

Broccoli

Roasted Potatoes,  
Carrots & Parsnips

Peas

Beans

FILLED OR  
ROLL JACKET  
ROLL POTATO

Cheese Roll  
& Nachos

Ham Roll

Tuna Mayonnaise Roll  
& Nachos

Jacket Potato & Cheese,  
Beans, Tuna Mayo or  
Cheese & Beans

Cheese Roll  
& Nachos

AVAILABLE EVERY DAY Our crunchy colourful salad

SWEET  
TREATS



Blueberry Cookie Bar

Chocolate & Banana  
Brownie

Strawberry Yoghurt &  
Strawberry Sauce

Apple & Cocoa Sponge

Raspberry Jelly

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 2

SERVED W/C: 3/11, 24/11, 15/12, 5/01, 26/01  
16/02, 9/03, 30/03, 20/4

THE  
FOOD  
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Margherita Pizza & Wedges



Vegan Sausage, Mashed Potatoes & Gravy



Creamy Cheesy Penne Pasta



House Tomato Sauce & Penne Pasta



Plant Rich Sausage Roll & Chips



MSC Approved Salmon Pasta Bake



Pork & Beef Sausage, Mash & Gravy

Roast Turkey, Roast Potatoes & Gravy

Mild Caribbean Chicken Curry & Carrot Rice



MSC Approved Fish & Chips

Peas



Carrot & Peas



Broccoli & Cauliflower



Carrot & Mixed Salad



Baked Beans



Cheese Roll & Nachos



Jacket Potato & Cheese, Beans, Tuna Mayo or Cheese & Beans

Tuna Mayonnaise Roll & Nachos

Jacket Potato & Cheese, Beans, Tuna Mayo or Cheese & Beans

Cheese Roll & Nachos



AVAILABLE EVERY DAY Our crunchy colourful salad

SWEET  
TREATS



Strawberry Mousse



Oaty Apple Crumble & Custard



Original Flapjack



Chocolate & Carrot Muffin



Raspberry Jelly & Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 3

**SERVED W/C:** 10/11, 1/12, 22/12, 12/01, 2/02  
23/02, 16/03, 6/04

**THE FOOD EXPLORERS**

**Hutchison**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**MAIN MEAL**



**OPTION 1**

**OPTION 2**

Jacket Potato with a Choice of Topping - Cheese, Beans, Tuna Mayo or Cheese & Beans

Chicken & Spinach Pasta Bake



Creamy Cheesy Penne Pasta



Mild Beef Chilli & Rice



Roast Quorn Fillet, Roast Potatoes & Gravy



Roast Chicken, Roast Potatoes & Gravy

Baked Creamy Mac 'N' Cheese



House Tomato Sauce & Penne Pasta



Jacket Potato with a Choice of Topping - Cheese, Beans, Tuna Mayo or Cheese & Beans

MSC Approved Fish Fingers & Chips

**VEGGIES**



Peas & Carrots



Sweetcorn



Broccoli & Peas



Carrot & Mixed Salad



Beans



**FILLED OR ROLL JACKET POTATO**

Cheese Roll & Nachos



Jacket Potato & Cheese, Beans, Tuna Mayo or Cheese & Beans

Ham Roll & Nachos

Jacket Potato & Cheese, Beans, Tuna Mayo or Cheese & Beans

Cheese Roll & Nachos



**AVAILABLE EVERY DAY** Our crunchy colourful salad

**SWEET TREATS**



Strawberry Yoghurt & Strawberry Sauce



Mixed Berry & Apple Crumble & Custard



Orange Jelly & Mandarins



Gingerbread Squares & Custard



Garden Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

